



Gabriel^oh & Marcelle Chehebar
 Volunteer Division

Volunteer Opportunities

SBH's Guide to Doing Good



SBH Volunteer Opportunities

Sarah Sutton^{a'h} Food Division

- ♥ Sarah Sutton^{a'h} Food Pantry
Package and stock the shelves of the SBH Food Pantry
- ♥ Papa Joe's Snacks
Every Rosh Hodesh local schools collect snack for clients' children
- ♥ Family Plus One
Cook one extra dish for the SBH Food Pantry every week (Both cooks and drivers needed)
- ♥ Hanan Family Shabbat Meals Program
Cook homemade Shabbat meals for families in need (Drivers needed)
- ♥ Flowers For Widows
Friday deliveries of flowers, hallot, and desserts to widows (Bakers and drivers needed)
- ♥ Text to Shop
Sign up to receive a weekly text of items needed in the SBH Food Pantry
- ♥ Sophie Levy^{a'h} Meals on Wheels
Cook meals on a short-term basis for people in need (Both cooks & drivers needed)
- ♥ Hospital Meals
Deliver Shabbat meals to community members staying at hospitals
- ♥ Cooking With Soul
Private groups cook meals to fill the SBH Food Pantry
- ♥ Mitzvah Meals
High School students cook while donating food to the SBH Food Pantry

Nakash Brothers Clothing Division

- ♥ Dress-a-Bride
Assist brides in need with shopping for clothing and other necessities
- ♥ Sara Ann's Closet
Help organize the clothing in Sara Ann's Closet (Tuesdays from 10 AM -12 PM 1957 McDonald Avenue)

Gabriel^{a'h} & Marcelle Chehebar Volunteer Division

- ♥ Hesed On The Go
Assist SBH in hesed projects that require a car
- ♥ SBH Source Magazine
Assist in writing, editing and reviewing SBH's quarterly magazine
- ♥ Tzedakah Boxes
Pick up kuppot from local stores and homes
- ♥ Tutoring
Help SBH client children with their schoolwork
- ♥ Volunteer Luncheons
Host a private luncheon for our volunteers in your home
- ♥ Event Set-Up
Help set up and work at SBH events and programs throughout the year
- ♥ Hesed Mission
Organize or join us for an unforgettable day filled with hesed
- ♥ Holiday Programs
Help with Hanukkah Toy Store and drives, Lulav & Etrog, Rosh Hashana packages, Purim Costumes, Matanot La'ebyonim, Mishloah Manot, Pesah Packaging and more

Al & Sonny^{a'h} Gindi Client Services Division

- ♥ Hidary Family Case Management Captain
Captains and social workers are paired with SBH clients to address emotional, financial, and physical needs
- ♥ Junior Captain
Become a mentor to an adolescent client, laying the groundwork to eventually become a family case management captain (Ages 21-25)
- ♥ Canvases For A Cause
Stitch tefilin and talet bags for clients for their special events
- ♥ Open A Home
Help clients get started on the right foot with the basic necessities they need to "open a home"
- ♥ School Supplies Collection
Help prepare our clients' children for the school year

Grace & Ely Ashkenazi^{a'h} Family Services Division

- ♥ Reach For The Stars Sunday Program in memory of Dorothy Segal^{a'h}
Spend time with special needs children on alternating Sundays
- ♥ Lucille & Arthur Greenberg S.E.A.R.C.H. Program
Enable our community's children and run relevant educational programming
- ♥ Sofia & Lazar Stein^{a'h} Big Brother/Big Sister
Get paired with SBH client children and act as a positive role model (Every other Sunday)
- ♥ Homework Club
Help students with their homework (Mondays and Wednesdays 5:45PM-6:45PM at 425 Kings Highway)

Career Services Network

- ♥ Interview Prep
Help job candidates prepare for their interviews
- ♥ Resume Writers
Help job seekers write resumes
- ♥ Albert Sutton and Sammy Sasson Job Coaching
Assist community members with their job search and interview process by partnering with a professional CSN job developer
- ♥ GEM Summer Internship Program
Develop leadership skills, communication skills, and lay the foundation for a successful career
- ♥ GEM Peer Mentorship
Connect young adults with mentors for career related guidance

Mickey Kairey^{a'h} Mental Health Division

- ♥ Mental Health Resource
Get trained to help with our programs, lectures, and support groups

Lorraine and Louis Shamie Senior Services

- ♥ Senior Case Management Captains
Captains and social workers are paired with vulnerable community seniors to address emotional, social, and physical needs
- ♥ Golden Girls
Organize lunch and activities for senior women of our community
- ♥ Tech Team
Help seniors learn how to use technology
- ♥ Home, Hospital and Nursing Home Visits
Trained volunteers make visits to local community members
- ♥ Phone Reassurance Program
Weekly calls to community seniors
- ♥ Raymond Sultan^{a'h} Young At Heart Program
Join events for seniors at the Ahi Ezer home (Every other Tuesday from 12 PM - 2 PM)
- ♥ Knitting Club
Knit with our seniors (Every other Tuesday from 11 AM -12:30 PM)

Isaac & Florence Chera^{a'h} Medical Division

- ♥ Toby & Ronny Hersh Medstar Medical Referral
Help with medical research and more

Team SBH

- ♥ Disney Half Marathon 11th grade and up
- ♥ Junior Marathon 9th & 10th grade
- ♥ Team SBH Diane Azrak^{a'h} 5k
- ♥ NYC Half & Full Marathons
- ♥ Team SBH Golf Outing
www.TeamSBH.org
Sponsored by Jack & Stephanie Messeri in honor of their parents

Joseph V. Harary^{al} High School Hessed Program

Youth

- ♥ Monday Night – Food Pantry
Volunteers pack and deliver boxes from the SBH Food Pantry to people in need (425 Kings Highway at 6:15 PM)
- ♥ Tuesday Night – Visiting
Weekly visits to seniors in their homes or nursing homes
- ♥ Wednesday Night – Cooking
Help fill the SBH Food Pantry (425 Kings Highway at 6:15 PM)
- ♥ Thursday Night – Bingo
Play bingo with the seniors at Ahi Ezer (1960 East 7th Street at 6:15 PM)
- ♥ Friday Afternoon – Hallot delivery
Deliver hallot to seniors at Ahi Ezer (Meet at The Center at 2:15 PM)
- ♥ Helen's Hessed Heroes
4th through 8th grade students meet every other week to do acts of hesed

Barbara & Abe Franco Young Adult Leadership Program

- ♥ Young Adults
Young adults organize hesed projects throughout the year
- ♥ Snow Shoveling
Volunteers shovel for our seniors
- ♥ Gourmet Giving
Volunteers meet at The Center for monthly cooking classes to help fill the SBH Food Pantry (21+)
- ♥ Home Improvement
Help paint a clients home (18+)

Your Contact Info:

Name:
Email:
Cell:
Address:

What are your skills?

For sponsorship opportunities or to make a donation to SBH, please contact Charles Anteby
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